ORIHIRO

HEALTH FOODS CATALOG

2023







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ORIHIRO http://health.orihiro.com

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Beauty foods

Diet support foods



In addition to the popular konjac jelly, an easy-to-drink jelly drink has also been added.







Keeps the taste of the ingredients with Aseptic technology. Premium series of konjac jelly.







Konjac Jelly Pouch, Premium, Coffee

Konjac jelly that brings out the deliciousness of coffee with our unique aseptic filling technology.

Open price 20g × 6 pieces <24×1>

145 180 50



tea with our unique aseptic filling technology.

60815043 Open price 20g x 6 pieces <24x1> **145 180 50**



technology.

Konjac Jelly Pouch, Premium,

60815045 Open price 20g × 6 pieces <24×1> **(**) 145 **(**) 180 **(**) 50

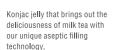




Konjac jelly that brings out the deliciousness of almond milk with our unique aseptic filling technology.

Almond milk

Open price $20g \times 6$ pieces $<24 \times 1>$ **(**) 145 **(**) 180 **(**) 50



Milk tea

Konjac Jelly Pouch, Premium,

Open price 20g x 6 pieces <24x1> **145 180 50**



Konjac jelly in a safe and secure pouch. Assorted type that you can enjoy various tastes.



Konjac Jelly Pouch, Big bag, Peach + Mango + Grape

Tiny package of konjac jelly that you eat by pushing out. Delicious white peach, mango, and grape flavor.

Open price 480g <12×1> **№**200 **(1**230 **(1**0) 70



Konjac Jelly Pouch, 0 kcal Kyoho + Muscat + Mango

Tiny package of konjac jelly that you eat by pushing out. It's delicious but has 0 kcal. Delicious kyoho, muscat, and mango flavor.



Open price 432g <12×1> **№**200 **(1**230 **(0** 70



Konjac Jelly Pouch, Apple + Grape

Tiny package of konjac jelly that you eat by pushing out. Delicious apple and grape flavor

Open price 20g x 12 pieces <12 x 1> **№** 155 **(1**200 **(1**0 60



Konjac Jelly Pouch, Muscat + Orange

Tiny package of konjac jelly that you eat by pushing out. Delicious muscat and orange flavor

Open price 20g x 12 pieces <12 x 1> **№**155 **(1**200 **(1**0 60



Konjac Jelly Pouch, Lemon + Peach

Tiny package of konjac jelly that you eat by pushing out. Delicious sicilian lemon and white peach flavor.



Open price

White Peach + Kyoho Tiny package of konjac jelly that

you eat by pushing out. It's delicious but has 0 kcal. Delicious white peach and 20g x 12 pieces <12 x 1> kvoho flavor. **№** 155 **(1**200 **(0** 60



Open price 18 g × 12 pieces < 12 × 1> **№** 155 **1**200 **1** 60



Konjac jelly in a safe and secure pouch. Easy dessert in individual wrapping that can be shared.



Konjac Jelly Pouch, 0 kcal



Konjac Jelly Pouch, Grape

Tiny package of konjac jelly that you eat by pushing out. Delicious grape flavor.

Open price

20g x 6 pieces <24×1> **1**45 **1**65 **1**50



Kyoho Grape

Not Available outside Japan.

Konjac Jelly Pouch with LC-Plasma,

Konjac Jelly Pouch, Muscat

Tiny package of konjac jelly that you eat by pushing out. Delicious muscat flavor.

Open price

20g x 6 pieces <24×1>

145 **1**65 **1**50

Open price 20g x 6 pieces <24x1> **1**45 **1**65 **1**50





Konjac Jelly Pouch, White Peach

Tiny package of konjac jelly that you eat by pushing out. Delicious white peach flavor.

Open price $20g \times 6$ pieces $<24 \times 1>$ **145 165 50**







Konjac Jelly Pouch, Unshu Mikan

Tiny package of konjac jelly that you eat by pushing out. Delicious unshu mikan flavor.

Open price $20g \times 6$ pieces $<24 \times 1>$ **1**45 **1**65 **1**50

Natural foods



Easy standing pack. With a cap, just as much as you want to eat anytime, anywhere.



Konjac Jelly Standing Pouch, Grape

Jelly mixed with konjac powder. Delicious grape flavor with low calorie (47kcal).

Open price 130g <8×6> **№** 90 **1**60 **1**40



Konjac Jelly Standing Pouch, Peach

Jelly mixed with konjac powder. Delicious peach flavor with low calorie (47kcal).

Open price

130g <8×6> **№** 90 **1**60 **1**40



Konjac Jelly Standing Pouch,

Jelly mixed with konjac powder. Delicious muscat flavor with low calorie (46kcal).

Muscat

Open price 130g <8×6> **(**90 **(**160 **(**) 40



Konjac Jelly Standing Pouch, Orange

Jelly mixed with konjac powder. Delicious orange flavor with low calorie (48kcal).

Open price 130g <8×6> **№** 90 **1**160 **1**0 40



Konjac Jelly Standing Pouch, O kcal Kyoho

Jelly mixed with konjac powder. Delicious kyoho flavor with 0

60804261

Open price 130g <8×6> **№** 90 **1**160 **1**0 40



Konjac Jelly Standing Pouch, O kcal Shine Muscat

Jelly mixed with koniac powder Delicious shine muscat flavor

Open price 130g <8×6> **(**90 **(**160 **(**)40



Konjac Jelly Standing Pouch, 0 kcal Apple

Delicious apple flavor with 0

Open price 130g <8×6> **160 90 160 10**



Jelly mixed with konjac powder.

Jelly mixed with konjac powder. Delicious white peach flavor

Open price





Konjac Jelly Standing Pouch, 0 kcal White Peach



Konjac Jelly Plus, Grapefruits

Konjac jelly with tiliroside derived from rosehip. Zero calories, fat and sugar.

60804301

Open price 130g <8×6> **(**90 **(**160 **(**9 40



glucosylceramide derived from konjac. Zero calories, fat and



Konjac Jelly Plus, Mix berries

Konjac jelly with

60804302

Open price 130g <8×6> **1** 90 **1** 160 **1** 40



of joints. Value pack for 90

900 tablets



60208195

225g(900 tablets)<20×1>

136 136 136 136

Open price

High Pure Glucosamine Condroitin Low Molecular Weight Hyaluronic Acid

They support health control of body

you worry. Comfort of free movement

is essential for daily rich life.

Foods with Function Claims:

High Pure! Glucosamine.

Contain high purity Glucosamin

maintaining smooth movement

(purified by recrystallization method) which is good for

It contains three ingredients; gluconsamine, condroitin and a low molecular hyaluronic acid. It supports smooth activity.

(0 60 **(**110 **(**0 60

Open price 81g(270 tablets)<24×1> 9 tablets per day



Nutrition support foods

We offer many items which support your healthy life,

when you take them with daily meals.

habit such as irregular habits and active daily life.

Foods with Function Claims:

High Pure! Glucosamine,

Contain high purity Glucosamin

(purified by recrystallization

maintaining smooth movement

method) which is good for

360 tablets



It supports those who care your daily

Open price

90g (360 tablets) < 24×1>

10 tablets per day

∅ 60 **(a)** 110 **(b)** 60

Foods with Function Claims High Pure!

GLUCOSAMIN

Glucosamine 1500mg



Foods with Function Claims:

High Pure! Glucosamine &

Proteoglycan

Contains glucosamine

as functional ingredients.

hydrochloride and proteoglycan

Recommended for those who

want to improve the quality of

life related to the knee joint.

Foods with Function Claims: Fat/Uric acid down

Double blend of black ginger-derived polymethoxyflavone and luteolin. For those concerned about belly fat and high uric acid levels.



Open price

79.2g(240 tablets)<48×1>

∅ 60 **\right** 110 **0** 60

60209259

Open price

30 capsules <48×1> 1 capsules per day **№**100 **(1)** 172 **(1)** 20



Diet

support

Foods with Function Claims

Sage's Green Tea





Foods with FunctionClaims: Habit of Wise Man Capsule

A capsule contains Salacinol derived from Salacia, DHA/EPA, and GABA. For nostnrandial blood sugar triglycerides, and slightly high



Open price

90 capsules <48×1> 3 capsules per day **1**10 **1**172 **1**30





Domestic green juice with Isomaltdextrin and GABA contained. For postprandial blood sugar, triglycerides, and slightly high blood pressure.

Open price 5g × 30 sticks < 20×1> **1**163 **1**122 **1** 70



Foods with Function Claims: Sage's Green Tea

Foods with function claims. Functional substances Isomaltodextrin and GABA are good for those who concerns postprandial blood glucose, triglyceride level, as well as relatively high blood pressure. It is powdered green tea.



Open price $4g \times 30$ sticks $<20 \times 1>$ 1 stick per day **163 122 10** 70



Foods with Function Claims: Sage's Coffee

Foods with function claims. Functional substances, Isomaltodextrin and GABA are good for those who concerns postprandial blood glucose, triglyceride level, as well as relatively high blood pressure. It tastes like deep roasted coffee.

Open price 4.5g × 30 sticks <20×1> **№**163 **(1)** 122 **(1)** 70



Foods with FunctionClaims: Black ginger Salacia

Contains polymethoxyflavone derived from black ginger and salacinol derived from Salacia. Supports belly fat, postprandial blood sugar.

DPA+DHA+EPA

Capsules

Open price 30 capsules <48×1> 1 capsules per day **1**00 **1**172 **1**30



Salacia tablet with Jerusalem artichoke inulin and mulberry leaves

A tablet-type supplement that inulin, mulberry leaves, and navy beans, with a focus on those who like carbohydrates and sweets.



60209257

Open price

45g(180 tablets)<48×1>

110 170 30

combines Jerusalem artichoke,



Salacia tea with Jerusalem artichoke inulin and mulberry leaves A blended tea made from

Jerusalem artichoke, mulberry leaves, and salasia, recommended for those who like sweets. Please enjoy with meals and sweets.

60503102

Open price $3g \times 20$ teabags $<40 \times 1>$ **1**40 **2**30 **5**0



Fresh liver oil was processed to soft capsule preserving freshness. You can use true power of liver oil which has been used from old times to keep daily health and beauty.



Fresh Liver Oil

Open price 180 capsules <48×1> capsules per day



Black vinegar Garlic with Freshwater clam. Ginseng and Sesamin

Domestically produced black vinegar moromi and odorless garlic extract powder with clams, ginseng and sesamin contained. For those who want vitality.

Chinese Black Rice

Soft capsule contains Chinese

black rice vinegar rich in amino

acids made in Lufeng, Yunnan,

China. Please use to keep

family's daily beauty and

health. Value 54 day supply.

Vinegar Capsules, Value Pack



60208213

Open price

5 tablets per day

150 tablets <48×1>

() 110 **(**) 170 **(**) 30

3,780 yen (tax excluded 3,500 yen

216 capsules <24×1>

110 170 10 45

4 capsules per day

Fermented Black Garlic and Chinese Black Rice Vinegar Capsules

Black garlic made from fermented garlic in Nagano and condensed Lufeng black rice vinegar powder are mixed and filled into soft capsules. Please use to keep your important beauty and health.



Open price 180 capsules <48×1> 4 capsules per day **№** 110 **(** 165 **(** 40



Kintoki Ginger and Moromi Vinegar Capsules. Value Pack

Kintoki ginger which is sharper taste than normal ginger is mixed with Ryukyu Moromi vinegar powder, and long pepper extract. It is recommended for beauty and daily body management. Value 60 day supply.



Open price

120 capsules <48×1> 2 capsules per day **110** 170 **3**5



Brown Rice Black Vinegar Capsules

Moromi powder of brown rice black vinegar produced in Fukuyama, Kagoshima pref. is used. Together with black plum extract, citric acid, GABA is also compounded.



Open price 60 capsules <48×1> 2 capsules per day **№**100 **(** 150 **(**) 30



Garlic and Egg Yolk Oil **Hook Type**

'Garlic extract' made in Tagocho, Aomori and 'Natural chicken sperm egg yolk oil' made in Miyazaki are used. Ingredients which have been used to keep health from old times are condensed and filled into soft capsule.



2,160 yen (tax excluded 2,000 yen 60 capsules <48×1> 3 capsules per day **№**100 **(1)**150 **(1)**35



Odorless Garlic and Egg Yolk Oil



Garlic extract and Egg volk containing a good balance of lecithin, linoleic acid and Vitamins are filled into soft capsule. Weak persons can take it to enhance stamina.



60208122

Open price 90 capsules <48×1> 3 capsules per day **(1)** 55 **(3)** 95 **(3)** 55



Mature Black Garlic and Egg Yolk Capsules

Black garlic fermented and matured from Nagano Shinshu white 6-piece garlic and sperm egg yolk made from Kumamoto are mixed. It helps to maintain daily health.



Open price 90 capsules <48×1> 2 capsules per day **1**00 **1**50 **3**0



Sesamine

Soft capsule contains sesamine which is precious sesame constituent and squalene obtained from purified deep-sea shark liver oil. It is recommended for those who care health with age and work hard.





Open price 60 capsules <48×1> **∅** 50 90 **0** 50



Fish Oil

4 capsules contain 800mg of 60208118 high-grade harp seal oil from Canada, plus tocotrienol and vitamin E. It is recommended for daily health management.







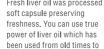
Fish oil derived from sardine.







3,240 yen(tax excluded) 180 capsules <48×1> 4 capsules per day **(**0 60 **(**110 **(**0 60









also included.

Natto Kinase 4000



60209253 4,320 yen (tax excluded 4,000 yen 60 capsules <48×1> 2 capsules per day **(1)** 55 **(3)** 95 **(3)** 55



extract with nattokinase activity is made into an easy-to-use soft capsule Please use it for daily health management.



Natto Kinase

The natto bacterium culture



60209191 3,240 yen(tax excluded 3,000 yen 60 capsules <48×1> 3 capsules per day **(**) 50 **(**) 85 **(**) 50





Onion skin which contains many nutrients such as flavonoids as well as edible part of onions is used. It is best for middle-age health management, Value 60 day supply.



6,264 yen(tax excluded) 144g (600 tablets) <20×1> 10 tablets per day **№** 65 **(** 130 **(** 65





Supports everyday energy and energy for special occasions. For daily health management for those who have many events and banquets.



Deep Sea Shark **Extract Capsules, Value Pack**

Only purified squalene more than 99.6% purity derived from deep sea shark liver oil is used and filled into accessible soft capsules. Value 60 day supply.



Open price

360 capsules <20×1>

№ 70 **(a)** 133 **(b)** 70

6 capsules per day

Only purified squalene more than 99.6% purity derived from deep sea shark liver oil is used and filled into accessible soft capsules

Deep Sea Shark

Extract Capsules





5,184 yen (tax excluded) 180 capsules <48×1> **№** 60 **(1)** 110 **(1)** 60



Vitality Declaration

Contains mainly oysters from the Seto Inland Sea, turmeric. freshwater clams, garlic, zinc, and amino acids. for a healthy



60208121 8,100 yen (tax excluded) (7,500 yen) 180 tablets <24×1> 3 tablets per day **№** 60 **(1)** 110 **(1)** 60



These foods support from rich middle age to elder. They are recommended for those who want to be young and powerful.



Citrulline 2000 **Ultimate Power**

A tablet-type supplement containing multiple recommended ingredients such as HMB-Ca, Krachaidum, zinc, selenium, and chromium, with a focus on citrulline.





Open price

144g(480 tablets) < 40×1> 12 tablets per day **№** 120 **(1)** 187 **(0)** 50



Liver Extract with freshwaterclam, ovster. and turmeric, 120 tablets

Use pig liver enzymatic degradation products which provide you nutritional components of liver. In addition, ornithine, freshwater clam. oyster, turmeric etc. are blended As it is a sugar coating type, you don't have to worry about the odor.

Open price 120 tablets <48×1> 2-4 tablets per day **(**) 110 **(**) 170 **(**) 35



Liver Extract Granules

Use pig liver enzymatic degradation products for ingesting nutritional components of liver. In addition, ornithine, freshwater clam, oyster, turmeric etc. were blended. Can take without water Cassis orange flavored granule type.

> 沖縄3種 ウコン粒



Condense Turmeric Extract 20 Sticks

Each stick contains 70mg of curcumin which is the pigment constituent of autumn turmeric. It was flavored with delicious orange and granulated. It is recommended for drinkers.



Open price

1.5g × 20 sticks <48×1>

№130 **(1)** 180 **(0)** 50

Citrulline Mega **Power 1000**

Contains 1000mg of Citrulline as well as arginine, zinc. selenium, vitamin B₁, and vitamin Be in 8 tablets. Easy to



60204074 Open price 72g(240 tablets)<24×1> 8 tablets per day **№** 60 **(1)** 110 **(1)** 60



1000mg of Alginine per 4 capsules together with Citrulline, Zinc, Selenium Chromium, Vitamin B₁, Vitamin B2 and Vitamin B6.



Open price 120 capsules <48×1> 4 capsules per day **№** 60 **1**10 **0** 60



Mega Power 4000, 50ml

№ 47 **(1)** 151 **(0)** 44

This drink contains 2000mg 60204077 each of citrulline and arginine It also contains 1000mg of Open price maca and equivalent to 50ml <50×1> 2000mg of Kurachaidum. 1 bottle per day



Autumn Turmeric Powder 100%

Powdered autumn turmeric rich in curcumin. Please use it as you like for cooking ingredients and health maintenance.

130 **2**00 **5**5

2,160 yen (tax excluded) 150g <48×1>



Three Okinawa Turmeric Tablets

Daily dose contains total 2500mg of autumn turmeric, spring turmeric and violet turmeric organically cultivated in dedicated farm in Okinawa.



Open price

1 stick per day

1.5g × 20 sticks <48×1>

(130 **(**180 **(**) 50

Contains autumn turmeric

powder and highly concentrated extract powder of 4,320 yen (tax excluded 4,000 yen curcumin. Value pack of 520 105g(420 tablets)<24×1> 14 tablets per day **∅** 63 120 **0** 63





60216036 Open price 130g(520 tablets)<24×1> 8-12 tablets per day **№** 69 **1**32 **0** 69



Maka Gold Magnum 10000, 60 capsules

In 2 capsules, equivalent to 10000mg of maca and 10mg of zinc are blended, which is good 3,564 yen(tax excluded 3,300 yen) combination for your best performance, and for those who want a little more vitality.



60 capsules <24×1> 2 capsules per day



Maca · Kurachaidum

"Maca" which has been used from Inka Empire and "Kurachaidum" which is called Black Diamond in Thailand. Blended with Citrulline, Siberian ginseng, Mucuna extract and Zinc.



60209243 Open price 34.5g(100 tablets)<48×1> 5 tablets per day **1**00 **1**50 **3**0



seed extract and vitamin E are

included to support refreshing

daily life. We also added Korean

selenium, which are popular

among male users

ginseng, Kurachaidum, zinc and

Saw Palmetto with Pumpkin Seed, Kurachaidum, and Korean Ginseng, 60 capsules Like as saw palmetto, pumpkin



Open price

60 capsules <48×1> **1**00 **1**150 **1**30





Concentrated extract of Hiroshima oysters from the Seto Inland Sea, zinc, and B vitamins are blended. Odorless sugar-coated type.



60208125 **5,184** yen (tax excluded) 120 tablets <24×1>

4 tablets per day

() 55 **(**) 100 **(**) 55

condensed freshwater clam extract and iron equal to 40 freshwater clams (6mg). It is recommended for those who care beauty and Iron deficiency. Odor free sugar coated type.



New Freshwater Clam Extract Tablets 4 tablets contain 600mg of

60208124 Open price 120 tablets < 24×1> 4 tablets per day **∅** 55 **(** 100 **(** 55)



Orunithine with Freshwater Clam

Contains popular ingredients for those who like alcohol such as ornithine, freshwater clam extract powder, curcumin, and autumn turmeric powder.



60208205 Open price 72g(240 tablets) < 48×1> 8 tablets per day **∅** 55 **(** 100 **(** 55)



Maca Extract with Soft-Shelled Turtle and Korean Ginseng. Value Pack

Maca extract powder with soft-shelled turtle powder and its egg powder, Korean ginseng extract powder, and eleuthero extract powder. For those who wants to continue vigorous life. Value pack for 60 days



Open price 90g (360 tablets) < 48×1> 6 tablets per day **110** 170 **3**0



Maca Extract with Soft-Shelled **Turtle and Korean Ginseng**

Maca extract powder with soft-shelled turtle powder and its egg powder, Korean ginseng extract powder, and eleuthero extract powder. For those who wants to continue vigorous life.



60208202

30g (120 tablets) <48×1>

100 150 30

Open price

6 tablets per day

Main ingredient odor free garlic extract is mixed with maca and B Vitamins and processed to odor free sugar coated type. It is recommended for those who lack vitality.







3,780 yen (tax excluded) 180 tablets <24×1> 3 tablets per day **∅** 60 **\right** 110 **0** 60

Diet

support





Soft-Shelled Turtle Capsules

Soft-shelled turtle is well known as excellent nutritional food. This product contains Soft-shelled turtle Jananese mamushi (Glovdius blomhoffii) powder, Soft-shelled turtle egg powder and Royal jelly. Value pack for 120 capsules.



Open price 120 capsules <48×1> 3-6 capsules per day **∅** 56 111 **0** 56



3,780 yen (tax excluded 3,500 yen 90g <24×1>

3g per day

∅ 55 **1**00 **0** 55

The salt was removed from the plum vinegar made from Kishu plums and boiled for a long time to make a concentrated extract. You can also use it for a pleasant change of mood or as ingredients of a secret recipe.



Ume Extract Tablets

Plum extract made from Kishu plums is made into tablets by removing salt from the plum vinegar and boiling it for a long time. The goodness of the plum itself is condensed as it is.





60209106

3,780 yen (tax excluded) 90g(360 tablets)<24×1> 10-20 tablets per day **№** 55 **(** 100 **(**) 55



Foods with Function Claims: Blueberry Lutein

ピタミンD 葉酸+鉄

Contains bilberry-derived anthocyanin and lutein. For those who use the monitor a lot and those who are concerned about blurring and haze.





They supply deficient nutrients conveniently. Basic supplement you had better continue to take.





Contains Ca maltobionate. For those who want to maintain bone density and bone composition and promote iron, Ca and Mg absorption.

Bone density support



Open price 135g <24×1> 1.2-9g per day **№** 160 **(** 190 **(** 70



Eleuthero Tablets

It contains extract of famous eleutherococcus senticosus which sports athletes in the world love to use as a source of stamina. It is suitable for those who don't have confidence in stamina and daily health management.

60209125

Open price 100g(400 tablets)<24×1> 8-12 tablets per day **№** 56 **(** 110 **(**) 56



For those who are busy with work or study, and those who are easy to forget.



Foods with Function Claims: DHA EPA

EPA

[Food with Functional Claims DHA and DHA and EPA are suitable for people who concern about Nutral fat. Also DHA is good for middle-aged people who care their memory loss, impaired

judgement, reading and writing.

12020



Open price 180 capsules <24×1> 6 capsules per day **(**) 60 **(**) 120 **(**) 60



Vitamin D tablet with Folic acid and iron

In addition to Vitamin D, it also contains folic acid and iron. Recommended for those who want to supplement calcium. Also, please use it for pregnancy and lactation



Open price

30 capsules <48×1>

1 capsules per day

№100 **(1)** 172 **(1)** 20

1,296 yen (tax excluded 1,200 yen 120 tablets <48×1> 2 tablets per day **№**100 **(1)** 150 **(1)** 30



Vitamin C Tablets

Vitamin C is consumed by smoking. One-day dose 10 tablets contain 1000mg of vitamin C. It is recommended for those who don't eat many vegetables, care beauty, and smoke a lot

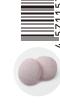


Open price 87g(300 tablets)<24×1> 10 tablets per day **№** 60 **(a)** 110 **(b)** 60



Delicious Chewable Supplement Iron

Delicious, juicy and the easy-to-eat texture. Everyone from adult to children can enjoy it. Mixed berry flavor.



60204071

Open price 120 tablets <48×1>

4 tablets per day **№** 110 **(1)** 170 **(0)** 30



Foods with Function Claims: Ginkgo extract

Ginkgo extract is a Food with Functional Claim which contains Flavonoid glycosid and Terpene Lactone from Ginkgo biloba. This product has fuction to maintain your memory.

60209244

Open price 30g(120 tablets)<48×1> **(**100 **(**150 **(**) 30



PD Ginkgo

 γ -aminobutyric acid (GABA). It supports clearness and unawareness you care as you



Biloba & DHA

DHA and ginkgo biloba are mixed with phosphatidylserine (PS) and



60209204 Open price 60 capsules <48×1> **№**100 **(** 150 **(**) 30



Ginkgo Biloba Extract Tablets Ginkgo biloba which is said to

contain more than 20 flavonoids and Siberian ginseng are mixed.



60214041

Open price 60g(240 tablets)<24×1> **(1)** 50 **(1)** 90 **(1)** 50



Delicious Chewable Supplement Multi-Vitamine

With a juicy taste and an easy-to-eat texture, it can be used widely from children to adults. Grapefruit flavor

60204072

Open price 120 tablets <48×1> 4 tablets per day



() 110 **(**) 170 **(**) 30



Delicious Chewable Supplement Vitamin C

Delicious, juicy and the easy-to-eat texture. Everyone from adult to children can enjoy it. Lemon flavor.



(1) 110 **(3)** 170 **(3)** 30

60204075 Open price 120 tablets <48×1> 4 tablets per day



Delicious Chewable Supplement Calcium

Delicious, juicy and the easy-to-eat texture. Everyone from adult to children can enjoy it. Cafe au lait flavor



60204073

Open price 150 tablets <48×1>

5 tablets per day **(1)** 110 **(1)** 170 **(1)** 30



It supports clear life. It is recommended for those who watch screen of computer and TV for long time and drive frequently.



Foods with Function Claims: Lutein Plus, Value Pack

Lutein and zeaxanthin are said to reduce photostress, improve sharpness, and increase macular pigment density in the eye. Value for 60 days.



60209261

120 capsules <48×1>

110 170 **3** 35

2 capsule per day

Open price

sharpness, and increase



Foods with Function Claims: Lutein plus Lutein and zeaxanthin are said

to reduce photostress, improve macular pigment density in the



Open price 60 capsules <48×1> 2 capsule per day **100** 150 **2**0



Delicious Chewable Supplement Blueberry & Lutein

Delicious, juicy and the easy-to-eat texture. Everyone from adult to children can enjoy it. Blueberry flavor.



120 tablets <48×1> 4 tablets per day **(**) 110 **(**) 170 **(**) 30



MOST Chewable Iron

Two tablets supplement 10mg of iron. Folic acid and vitamin B₁₂, which are deficient vitamins during pregnancy and breast-feeding, vitamin B6 are mixed. Chewable tablets with delicious prune flavor.



Open price 180 tablets < 24×1> 2 tablets per day **(**) 80 **(**) 100 **(**) 80



MOST Chewable Multi-Vitamin & Mineral

It contains a good balance of 12 vitamins and 5 minerals. Chewable tablets with delicious mango flavor.



60204065 Open price

180 tablets <24×1> 2 tablets per day **(1)** 80 **(1)** 100 **(1)** 80

support

12



MOST Chewable Multi-Vitamin

It contains B-complex vitamins vitamin A. vitamin D. vitamin E. and vitamin C. You can supplement deficient nutrients. Chewable tablets with delicious strawberry flavor.



Open price 180 tablets <24×1> 2 tablets per day **(**) 80 **(**) 100 **(**) 80



MOST Chewable Vitamin C

It is recommended for those who care vegetable deficiency, don't have confident on health management, and care heauty Two tablets contain 500mg of vitamin C. Chewable tablets with delicious acerola flavor.



Open price

2 tablets per day

180 tablets <24×1>

№ 80 **1**00 **0** 80

MOST Chewable Calcium

Calcium and vitamin D are mixed for better absorption. It supplements deficient nutrients conveniently. It is recommended for those who care irritation. Chewable tablets with delicious vogurt flavor.





Open price 180 tablets <24×1> **(**0 80 **(**100 **(**0 80



Japanese Organic Sasa Green Juice 14 Sticks

Delicious green juice blended with six kinds of Japanese organic materials for easy Open price drinking. No preservative, no 2g x 30 sticks <24x1> coloring agent, no artifical 1 stick per day flavor. Certified JAS organic. **125 140 10** 60

Green Juice



Green juice made from Hokkaido bear bamboo leaves. Contains lactic acid bacteria derived from bear bamboo grass.



60201078 Open price

3g x 14 sticks <24x1> stick per day **№**100 **(a)** 141 **(b)** 50



Clean Cultured Chlorella. 1400 Tablets

Uses high quality chlorella that has been hygienically and cleanly cultivated. It contains plenty of nutrients that tend to be deficient, so it is recommended for daily health management. With JHFA certification mark



Open price



280g (1400 tablets) < 12×1> 30-40 tablets per day **(**) 83 **(**) 158 **(**) 83



MOST Chewable Zinc

In addition to supplementing 4mg of zinc with 2 tablets, it also contains vitamin B1, vitamin B2, vitamin B6, and biotin. Chewable type with delicious grape flavor.

60205050

Open price 180 tablets <24×1> 2 tablets per day **(**0 80 **(**100 **(**0 80



MOST Chewable Blueberry

Delicious chewable tablets contain popular blueberry extract. It is recommended for those who use computer and drive car frequently.



MOST Chewable Collagen

180 tablets <24×1>



Open price

2 tablets per day

180 tablets < 24×1>

() 80 **(**) 100 **(**) 80

Delicious peach flavor chewable tablets contain popular beauty ingredients collagen and beauty amino acid (arginine, proline, cystin).



chlorella that has been hygienically and cleanly cultivated. With JHFA certification mark.



Clean Cultured Chlorella Refill, 900 Tablets

An eco-type refillable chlorella tablet that eliminates waste in the container. We use high quality



Open price 180g (900 tablets) < 48×1> 30-40 tablets per day **№**120 **⊕**211 **•** 27



These items boost self-defense force which human naturally have.



Fucoidan

It is a product that is extracted and refined from wakame seaweed mekabu, and is packed in hard capsules so that it is easy to use, with high-quality fucoidan-rich raw materials.



5,400 yen (tax excluded) 90 capsules <48×1> 3 capsules per day **№** 55 **(1)** 95 **(0)** 55



Sport supplements support those who keep concentrated training and athletes.



Active Protein Soy 100

Uses soy protein with over 80% vegetable protein. The natural taste that the flavor of the soybean is just fragrant.



Open price

2 tablets per day

№ 80 **1**00 **0** 80

60101161 Open price 400g <20×1>

180 290 80



Active Protein HMB

Mixed Whey protein and Soy protein with HMB. . The "Hybrid protein" is tasty and soluble with coffee flavor.





160 1263 **1**80

300g <24×1>



Open price



Water soluble agaricus extracted by hot water is used. Powdered agaricus is also mixed and enforced by sole β-glucan. One-day dose 12 tablets contain about 7000mg of agaricus.



60212035 6,480 yen (tax excluded 6,000 yen 108g(432 tablets)<24×1> 12 tablets per day **(**0 60 **(**120 **(**0 60



Propolis, Soft Capsules

Proplis contains 20 to 30 rich flavonoids as we**ll** as amino acids, vitamins and minerals. Each capsule contains 40mg of propolis extract. It is commended for daily health



management and maintenance.



60208081 6,480 yen (tax excluded 6,000 yen 120 capsules <24×1> 3-8 capsules per day **∅** 55 **(** 100 **(** 55)



Propolis Liquid Extract

It contains high unit (20%) of Brazilian propolis by original emulsification technology Proplis contains 20 to 30 flavonoids and recommended for health management and maintenance.







Amino Body Tablets

Sovbean peptides (enzymatic hydrolysis) and soybean protein which contain a good balance of 20 amino acids and vitamins for those who have unbalanced diet and hard exercise.

60101106

Open price 75g (250 tablets) <24×1> 10 tablets per day **∅** 60 **1**10 **0** 60

Soybean peptides (enzymatic hydrolysis) and soybean protein which contain a good

60101114 Open price balance of 20 amino acids are 90g (300 tablets) < 24×1> enforced by fat burning amino 12 tablets per day acids. BCAA and 4 vitamins. **∅** 60 **\right** 110 **0** 60

Amino Body Diet Tablets



vegetables, caredietary nutrients balance, and lack dietary fiber.



For those who don't many



We have a wide variety of items that support a smooth life, such as dietary fiber.



Foods with Function Claims: Dietary Fiber Granules

Isomaltodextrin (dietary fiber) recommended for those who want to refresh their stomach. Granule type that melts smoothly



60101135 Open price 200g <24×1> 6g per day **160 190 10 70**



Aloe Arborescens Squeezed Fresh Leaves

We carefully squeezed the whole fresh leaves of kidachi aloe(Aloe arborescens), which was carefully cultivated on a farm in Shizuoka prefecture surrounded by nature.



60209258 4,104 yen (tax excluded)

500ml <12×1> 50ml per day **№** 65 **(**300 **(**) 65

Nutrition supportfoods

Diet support foods

These foods support those who care beauty and women who aspire to get attractive beauty from inside body.







Not Available outside Japan.

Open price 37.5g(150 tablets)<48×1> **110 170 30**



Equol & Fermented ginseng

Not Available outside Japan.

Open price 22.5g(90 tablets)<48×1> **№** 100 **(a)** 150 **(b)** 20



Ginseng Tea with Equol and Hatomugi

Not Available outside Japan.

Open price 2g × 20 teabags <40×1> **1**40 **2**22 **5**0 50



Proteoglycan Collagen & **Placenta**

A luxurious blend of proteoglycan, dense collagen, and placenta. A plain type that

2,700 yen (tax excluded)

180g <24×1> **180 190 10 70**



also moisturizing ingredients such as glucosamine and ceramide. Plain type that can be put in any drink.



Bag Type 180g Contains not only collagen, but

ヒアルロン酸

180g <24×1>



Open price

180 190 10 70

Contains collagen equivalent to 60000mg and placenta equivalent to 1500mg per day. You can use it by dissolving it in your favorite drink with a plain type that suppresses the habit.

Rich Collagen, Placenta



Open price 120g <24×1> **№** 160 **(3** 190 **(9** 70



Low molecular hyaluronic acid + 30 times richer collagen

Capsules of 120mg of low molecular weight Hyaluronic acid, Placenta and 30 times richer collagen. You can take beauty support ingredient from just one capsule per day.



Open price 30 capsules <48×1> 1 capsule per day **100** 150 **2**0



Soft-Shelled Turtle

Popular placenta and soft-shelled turtle, Korean ginseng are mixed. It supports beauty and stamina



Placenta Korean Ginseng



Open price 18.9g(60 tablets)<48×1> 2 tablets per day

∅100 **(** 150 **(**) 30



Strong and Radiant Skin, Soft-Shelled Turtle Collagen

Hizen Japanese soft-shelled turtle is used. Soft-shelled turtle is the ingredient which contains amino acids and those who supplement daily vitality and beauty.



Open price 60 capsules <48×1> 2 capsules per day **№**100 **(** 150 **(**) 30



Condense Lactic Acid Bacterium Granules (with Lactoferrin)

Reached alive. Lactobacillus sporogenes as the lactic acid bacteria and bifidobacterium that effect good for human gut,



Open price 1.0g x 16 sticks <48×1>

1 stick per day **(**130 **(**180 **(**) 50



Foods with Function Claims: Sage's Sleep

Focusing on the depth of sleep, we have combined crocetin and



30 capsules <48×1> 1 capsules per day **№** 110 **(a)** 170 **(b)** 20





L-theanine has been reported to improve the quality of sleep, reduce fatigue upon awakening, and relieve stress.



Open price 1.5g × 14 sticks <48×1> 1 stick per day

№ 130 **(1)** 180 **(1)** 50



Royal Jelly 3000

One day dose 3 tablets contain 3000mg of fresh royal jelly. It was processed by freeze-dry (FD) which keeps freshness and prevent heat change.



Open price 90 capsules <48×1> 3 capsules per day **∅** 57 **(** 100 **(** 57)

This health food ingredient has an enormous popularity and makes a big market. One day dose supplement 90mg of coenzyme Q10. Vitamin E and vitamin C are also added.





Nutrition supportfoods

Diet support foods

We support weight loss according to various eating habits.





Night Diet Tea Granule, 20 sticks

Amino acids (glycine, lysine, ornithine and arginine) are blended with various nutritial materials. Grapefruit flavored, granule type.



Open price 3g x 20 sticks <48×1> **180 190 70**



Night Diet Tea Beauty, 16 Tea Bags

1,620 yen $\binom{\text{tax excluded}}{1,500 \text{ yen}}$

2g x 16 teabags <40x1>

140 **2**22 **5** 50

As a series of Night Diet Tea, beauty materials are newly formulated. Non caffeine diet tea based on rooibos.



Night Diet Tea, 20 Tea Bags

We support the beauty of women. This is a non-caffeine healthy tea based on rooibos.

Open price 2g x 20 teabags <40x1> **1**40 **2**22 **5**0 50



PD Gymnema Diet

Contains white beans and mulberry leaves, with a focus for those who like sweets and carbohydrates.



Open price 45g(150 tablets)<48×1> 5 tablets per day **110** 170 **3** 35



Healthy teas

A healthy tea that you can use deliciously every day.





A special series that uses 100% Japanese tea leaves.



Japanese Burdock Tea

Tea made of 100% Japanese burdock. Safely produced in Japan. Caffein-free tea bag, good for your relaxing time before sleep.



Open price 1.3g × 26 teabags < 40×1> **120 180 5**0





Japanese Mulberry Leaf Tea

100% made by Japanese mulberry leaves. Tea bag. Safe and secure Japanese production. Caffeine-free. It's recommended at the relaxation time just before going to bed.

Open price 2g x 26 teabags <40x1> **120 180 10** 50



Japanese Adlay Tea

100% made by Japanese adlay. Tea bag. Safe and secure Japanese production. Caffeine-free. It's recommended at the relaxation time just before going to bed.

60503097

Open price **120 180 5**0



5g x 26 teabags <40x1>

100% made by Japanese houttuynia. Tea bag. Safe and secure Japanese production. Caffeine-free. It's time just before going to bed.

Japanese Houttuynia Tea

Open price 1.5g x 26 teabags < 40 x 1> **№** 120 **(1)** 180 **(0)** 50

60503096



A wide variety of carefully selected teas. Find your favourite.



Organic Rooibos Tea

Top grade rooibos leaves organically cultivated are used. It is safe and secure, and certified organic food by JAS.



JAS

60503077 2,160 yen (tax excluded) $3g \times 30$ teabags < 20×1 >



112 178 10 60



Rubus Tea

100% made by rubus tea of those who care gloomy period between seasons.



Open price $2g \times 20$ teabags <40×1> **120 177 10** 50

60503093



100% Yacon Tea

Healthy tea 100% of yacon is those who care lack of exercise and who are on the diet.

2,700 yen (tax excluded) (2,500 yen) $3g \times 30$ teabags <20×1> **125 180 5** 55



Onion Peel Tea, 14 Tea Bags

Using only Japanese grown onion. Useful for maintaining the health of those who concerned disturbance of lifestyle habit as well as biased dietary habit.

60503091

Open price 1g × 14 teabags <40×1> **1**30 **2**20 **3**0



Sword Bean Tea, 14 Tea Bags

Sword bean is named for its visual resemblance in shape to a sword. Its seeds have been used for health maintenance from old times.



Open price $4g \times 14$ teabags $<40 \times 1>$ **1**40 **2**22 **5**0 50





Diet Burdock Tea, 20 Tea Bags

Unpeeled burdock is used to make spicy and flavorful burdock tea. Please drink as caffeine free healthy tea to keep health

60102033

Open price 2g × 20 teabags <40×1> **1**40 **2**22 **5**0 50

15

Diet support foods

Nutrition



100% Japanese Black Soybean Tea, 30 Tea Bags

Black soybean grown in Hokkaido is used 100%, roasted carefully and finished with spicy taste. You can drink as a flavorful tea of grift black



Open price 6g x 30 teabags <24x1> **(**) 175 **(**) 230 **(**) 33



Value series that can be

used every day.



Rooibos Tea Blend, 48 Tea Bags

ルイボス茶

Rooibos tea is blended with oolong tea and senna tea. This healthy tea is popular to

Open price 3g×16teabags×3packs<24×1> **175 330 5**5





Carefully blended Pu'er tea, oolong tea, hub tea, etc. Finished with a rich taste.

60102035 Open price 3g×16teabags×3packs<24×1> **(**) 175 **(**) 330 **(**) 55



Guava Tea, Value Pack, 48 Tea Bags

100% dried guava leaves are manufactured with far-infrared roaster. For daily health



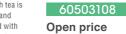
2g×16teabags×3packs<24×1>

№ 175 **(3**00 **(0)** 50

Selected 100% Pu-erh tea is used, roasted slowly and carefully, and finished with delicious and bland taste.

プーアル茶 🚟

Pu-erh Tea, Value Pack, 48 Tea Bags



3g×16teabags×3packs<24×1> **(**) 175 **(**) 330 **(**) 50



Turmeric Tea, Value Pack, 48 Tea Bags

Selected turmeric rich in curcumin is used. Peculiar bitter taste is softened.

60503107 Open price 1.5g x 16teabags x 3packs < 24x1> **175 300 50**



Fish herb Tea, Value Pack, 48 Tea Bags

For beauty and health, heartleaf tea whose bitter taste is softened.

Open price 3g×16teabags×3packs<24×1>

175 330 55

 $2.5g \times 26 \text{ teabags} < 40 \times 1 >$

120 180 50

60503105



Natural Life 100% series recommended for daily health management.



100% NL Tea, Acer Maximowiczianum Tea

It is made from 100% Acer maximowiczianum. It is also called 'rich's tree' and 'seerer's tree'. Please drink daily as healthy tea.

60508020

Open price $1g \times 26$ teabags <40×1> **(**) 120 **(**) 180 **(**) 50



100% NL Tea,

Gymnema sylvestre tea is carefully roasted and made easy to drink. Please drink as healthy tea.



Gymnema Sylvestre Tea

60508001 Open price



100% NL Tea, Eucommia Tea

The peculiar habit of eucommia tea is suppressed and it has a rich taste. Non-caffeine that is kind to the body.



60508002 Open price 3g x 26 teabags <40x1>

120 180 50



100% NL Tea, Rooibos Tea

Rooibos is popular healthy tea in South Africa from old time. Please use for daily health

60508004 Open price

1.5g × 26 teabags < 40 × 1> **120 180 5**0



100% NL Tea, Mulberry Leaf Tea

It contains minerals and flavonoids which tend to lack and useful to keep health. Healthy tea you can drink every day.

60508014

Open price 2g x 26 teabags <40x1> **120 180 5**0



100% NL Tea, Ginkgo Biloba Tea

Ginkgo biloba has been used as a healthy food in Europe and America. Please drink as healthy tea to manage health of family members.

60508011

Open price 2g x 26 teabags <40x1> **№** 120 **(3** 180 **(9** 50

Natural foods

We offer selected natural foods such as honey and vinegar.





Ryukyu Black Koji Moromi Vinegar

Black koji moromi vinegar of Awamori which fermented in pots in Okinawa manufacturer is used. Healthy drink is finished with delicious and flavorful added black sugar.

60601040 2,700 yen (tax excluded 2,500 yen 900ml <6×1> 60ml per day

(1) 82 **(3)** 300 **(3)** 82



Mature Black Unpolished Rice Vinegar

Flavor of black unpolished rice vinegar is increased by original technique and managing mature and ferment steps. It is certified safe and trusted food by JAS.

60601038 Open price 720ml <12×1>

20ml per day

ZAÇ

You can enjoy unique rich and natural flavor of unpolished vinegar. This item is made from selected unpolished rice, water and secret Jinqu. **(**) 83 **(**) 300 **(**) 83





Pure Black Unpolished Rice Vinegar

60601031 720ml <12×1>

Open price

20ml per day **(1)** 83 **(3)** 300 **(3)** 83



Vermont Apple Vinegar

Delicious condensed apple vinegar is made from pure apple vinegar and added honey flavor.

4,320 yen(tax excluded) 1800ml <6×1> 50ml per day **(1)** 85 **(3)** 300 **(0)** 85

