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HEALTH FOODS **CATALOG**

2021

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Diet support foods

.....

In addition to the popular konjac jelly, an easy-to-drink jelly drink has also been added.







Keeps the taste of the ingredients with Aseptic technology. Premium series of konjac jelly.





Konjac Jelly Pouch Premium, Coffee

Konjac jelly in a safe and secure pouch.

Assorted type that you can

enjoy various tastes.

Konjac jelly that makes the best use of the deliciousness of the material with our unique aseptic filling technology. No preservatives or colorings are

60815042 Open price 20g x 6 pieces <24x1>

() 145 **(**) 180 **(**) 50

Konjac jelly that makes the best use of the deliciousness of the material with our unique aseptic filling technology. No colorings are used.

Matcha

Konjac Jelly Pouch Premium,

60815043 Open price 20g x 6 pieces <24x1> **145 180 50**

Konjac jelly that makes the best use of the deliciousness of the material with our unique aseptic filling technology. No preservatives or colorings are used.

Chocolate

60815045 Open price 20g × 6 pieces <24×1> **145 180 50**

Konjac Jelly Pouch Premium,



Konjac Jelly Pouch, Zero Calories, Kyoho + Muscat + Mango

432g <12×1>

№200 **(1**230 **(1**0) 70

Tiny package of konjac jelly that you eat by pushing out. It's delicious but has zero calories. Delicious kyoho, muscat, and mango flavor.

60816059 Open price



Konjac Jelly Pouch, Peach + Mango + Grape

Tiny package of konjac jelly that you eat by pushing out. Delicious peach, mango, and grape flavor.

60816050 Open price 480g <12×1> **№**200 **(1**230 **(0** 70



Konjac Jelly Pouch, Sicilian lemon + Hokkaido Melon

Tiny package of konjac jelly that you eat by pushing out. Delicious Sicilian lemon and Hokkaido melon flavor.

Open price 20g x 12 pieces <12 x 1> **№**155 **(1**200 **(1**0 60



Konjac Jelly Pouch, Peach + Pink Grapefruit

Tiny package of konjac jelly that you eat by pushing out Delicious peach and pink grapefruit flavor.

60816063

Open price 20g x 12 pieces <12 x 1> **№**155 **(1**200 **(0** 60



Konjac Jelly Pouch, Callorie Zero, White Peach + Kyoho

Tiny package of konjac jelly that you eat by pushing out. It's delicious but has zero calories. Delicious white peach and kvoho flavor

60816053

Open price 18 g x 12 pieces <12 x 1> **№** 155 **(1**200 **(1**0 60



Konjac Jelly Pouch, Apple + Grape

Tiny package of konjac jelly that you eat by pushing out. Delicious apple and grape flavor

60816026

Open price 20g x 12 pieces <12 x 1> **№**155 **(1**200 **(1**0 60



Konjac Jelly Pouch, Muscat + Orange

Tiny package of konjac jelly that you eat by pushing out. Delicious muscat and orange flavor



Open price 20g x 12 pieces <12 x 1> **№** 155 **(1**200 **(0** 60



Konjac jelly in a safe and secure pouch. Easy dessert in individual wrapping that can be shared.



Konjac Jelly Pouch, Sicilian Lemon

you eat by pushing out.

Tiny package of konjac jelly that Delicious Sicilian Iemon flavor.

60816060 Open price 20g x 6 pieces <24x1>

145 **1**65 **1**50



Konjac Jelly Pouch, Grape

you eat by pushing out. Delicious grape flavor.

Tiny package of konjac jelly that 60816002 Open price



Konjac Jelly Pouch, Peach

Tiny package of konjac jelly that you eat by pushing out. Delicious peach flavor.

Open price 20g x 6 pieces <24×1>





Konjac Jelly Pouch, Muscat

Tiny package of konjac jelly that you eat by pushing out. Delicious muscat flavor.

60816009

Open price 20g x 6 pieces <24x1> **145 165 165 165**



Tiny package of konjac jelly that you eat by pushing out.

60816019

Open price $20g \times 6$ pieces $<24 \times 1>$ **145 165 50**





Konjac Jelly Pouch, Unshu Mikan

Delicious unshu mikan flavor.

60816001 **1**45 **1**65 **1**50

Natural foods

Easy standing pack. With a cap, just as much as you want to eat anytime, anywhere.



Konjac Jelly Standing Pouch, Grape

Jelly mixed with konjac powder. Delicious grape flavor with low calorie (47kcal).

Open price 130g <8×6> **№** 90 **1**60 **1**40



Konjac Jelly Standing Pouch, Peach

Jelly mixed with konjac powder. Delicious peach flavor with low calorie (47kcal).

60804143 Open price

130g <8×6> **(**90 **(**160 **(**) 40





Jelly mixed with konjac powder. Delicious muscat flavor with low calorie (46kcal).

Open price 130g <8×6> **(**90 **(**160 **(**) 40

60804162



Konjac Jelly Standing Pouch, Lychee

Jelly mixed with konjac powder. Delicious lychee flavor with low calorie (46kcal).

60804220 Open price 130g <8×6> **№** 90 **1**160 **1**0 40



Konjac Jelly Standing Pouch, Apple

Delicious apple flavor with low calorie (47kcal).

60804144 Open price 130g <8×6> **№** 90 **1**160 **1**0 40



Konjac Jelly Standing Pouch, Zeró caloriés, Kyoho

Jelly mixed with konjac powder. Delicious kyoho flavor with 0

Open price 130g <8×6>

(90 **(**160 **(**)40



Konjac Jelly Standing Pouch, Zeró caloriés, White Peach

Jelly mixed with konjac powder Delicious white peach flavor with 0 kcal.

60804262 Open price 130g <8×6>

160 90 160 10



Zero calories, Apple

60804263



Shunkan W Charge

A jelly drink that contains a double combination of power and energy ingredients. Energy

60804283

Open price 130g <8×6> **(**90 **(**160 **(**9 40



Shunkan W Charge Zero Calories

A jelly drink that contains a double combination of energy ingredients and 5 vitamins.

60804284 Open price 130g <8×6> **1** 90 **1** 160 **1** 40





Konjac Jelly Standing Pouch,

Jelly mixed with konjac powder Delicious apple flavor with 0

Open price 130g <8×6>

160 () 40



Foods with Function Claims:

Proteoglycan

hydrochloride and proteoglycan

Recommended for those who

want to improve the quality of

life related to the knee joint.

Contains glucosamine

as functional ingredients.

High Pure! Glucosamine &

They support health

control of body you worry.

Comfort of free

movement is essential for daily rich life.

Foods with Function Claims: High Pure! Glucosamine Granules, 30 sticks

Food with functional claims containing glucosamine hydrochloride as a functional ingredient. It has been reported to support knee movement (bending and stretching) and reduce knee discomfort. Granule type.



Open price

79.2g(240 tablets)<48×1>

∅ 60 **\right** 110 **0** 60

2g×30 sticks <48×1> 1 stick per day **(1)** 98 **(3)** 103 **(3)** 67



Foods with Function Claims: High Pure! Glucosamine, 900 tablets

Nutrition support foods

We offer many items which support your healthy life,

when you take them with daily meals.

Contain high purity Glucosamin (purified by recrystallization method) which is good for maintaining smooth movement of joints. Value pack for 90

Open price

225g (900 tablets) < 20×1>

(1) 73 **(3)** 136 **(3)** 73

Foods with Function Claims High Pure!

GLUCOSAMIN

Glucosamine 1500mg

Contain high purity Glucosamin (purified by recrystallization method) which is good for maintaining smooth movement of joints.



Foods with Function Claims: High Pure! Glucosamine, 360 tablets



10 tablets per day

Open price 90g (360 tablets) < 24×1>

∅ 60 **(** 110 **(** 60



High Pure Glucosamine Condroitin Low Molecular Weight Hyaluronic Acid

It contains three ingredients; gluconsamine, condroitin and a low molecular hyaluronic acid. It supports smooth activity.



Open price 81g(270 tablets)<24×1> 9 tablets per day **(**0 60 **(**110 **(**0 60



Diet



It supports those who care your daily habit such as irregular habits and active daily life.

Foods with Function Claims

Sage's Green Tea





Foods with FunctionClaims: Green juice habit of Wise Man

Isomaltodextrin and GABA are mixed with 3 kinds of Japanese green juice. Suitable for those who are concerned about postprandial blood glucose and triglyceride, and relatively high blood pressure.

Open price 5g × 30 sticks < 20×1> **1**163 **1**122 **1** 70



Foods with Function Claims: Sage's Coffee

Foods with function claims. Functional substances, Isomaltodextrin and GABA are good for those who concerns postprandial blood glucose, triglyceride level, as well as relatively high blood pressure. It tastes like deep roasted coffee.



Foods with Function Claims: Sage's Green Tea

Foods with function claims. Functional substances, Isomaltodextrin and GABA are good for those who concerns postprandial blood glucose, triglyceride level, as well as relatively high blood pressure. It is powdered green tea.

Open price 4g × 30 sticks < 20×1> **163 122 10** 70



Salacia tablet with Jerusalem artichoke inulin and mulberry leaves

A tablet-type supplement that combines Jerusalem artichoke inulin, mulberry leaves, and navy beans, with a focus on salacia. Recommended for those who like carbohydrates and sweets.

Open price 45g(180 tablets)<48×1> 6 tablets per day **(**) 110 **(**) 170 **(**) 30



Salacia tea with Jerusalem artichoke inulin and mulberry leaves A blended tea made from

Jerusalem artichoke, mulberry leaves, and salasia, recommended for those who like sweets. Please enjoy with meals and sweets.



Open price

4.5g × 30 sticks <20×1>

№ 163 **(1)** 122 **(1)** 70

Open price 3g × 20 teabags < 40×1> **1**40 **2**30 **5**0



■ Deo Block/

Contains champion on extract powder, parsley seed oil, and peppermipt oil. The mint scent blocks inpleasant odors such as food and alcohol.

1,944 yen (tax excluded) 30 capsules <48×1> capsule per day **(**100 **(**150 **(**) 30



DPA+DHA+EPA

4 capsules contain 800mg of high-grade harp seal oil from Canada, plus tocotrienol and vitamin E. It is recommended for daily health management.

Capsules



60208118 7,344 yen (tax excluded) 120 capsules <24×1> 4 capsules per day



Fish Oil

Fish oil derived from sardine. tuna and bonito which contains EPA and DHA are filled into soft capsule for those who don't like fish. It is recommended for picky eater and those who



3,240 yen(tax excluded) 180 capsules <48×1> 4 capsules per day



Fresh Liver Oil

Fresh liver oil was processed to soft capsule preserving freshness. You can use true power of liver oil which has been used from old times to



60208174 Open price 180 capsules <48×1> keep daily health and beauty.



Black vinegar Garlic with Freshwater clam. Ginseng and Sesamin

garlic extract, blended with Sesamin. For people who like alcohol drink



Moromi of black vinegar made in Japan and Japanese odorless freshwater clam, Ginseng and



Open price



150 tablets <48×1> 5 tablets per day **№** 110 **(a)** 170 **(b)** 30

3,780 yen (tax exclude 3,500 yen

4 capsules per day

216 capsules <24×1>

110 170 10 45



Fermented Black Garlic and Chinese Black Rice Vinegar Capsules

Black garlic made from fermented garlic in Nagano and condensed Lufeng black rice vinegar powder are mixed and filled into soft capsules. Please use to keep your important beauty and health.



Open price 180 capsules <48×1> 4 capsules per day **1**10 **1**165 **1**40



Vinegar Capsules. Value Pack

Kintoki ginger which is sharper taste than normal ginger is mixed with Ryukyu Moromi vinegar powder, and long pepper extract. It is recommended for beauty and daily body management. Value 60 day supply.



Kintoki Ginger and Moromi





Open price

120 capsules <48×1> 2 capsules per day **110 170 35**



Brown Rice Black Vinegar Capsules

Moromi powder of brown rice black vinegar produced in Fukuyama, Kagoshima pref. is used. Together with black plum extract, citric acid, GABA is also compounded.



Open price 60 capsules <48×1> 2 capsules per day **№**100 **(** 150 **(**) 30



Garlic and Egg Yolk Oil **Hook Type**

'Garlic extract' made in Tagocho, Aomori and 'Natural chicken sperm egg yolk oil' made in Miyazaki are used. Ingredients which have been used to keep health from old times are condensed and filled into soft

capsule.

2,160 yen (tax excluded 2,000 yen 60 capsules <48×1> 3 capsules per day **№**100 **(1)**150 **(1)**35



Chinese Black Rice

Soft capsule contains Chinese

black rice vinegar rich in amino

acids made in Lufeng, Yunnan,

China. Please use to keep

family's daily beauty and

health. Value 54 day supply.

Vinegar Capsules, Value Pack



Odorless Garlic and Egg Yolk Oil

Natto Kinase 4000

The natto bacterium culture

easy-to-use soft capsule.In

addition, ingredients such as

extract with nattokinase

activity is made into an

Garlic extract and Egg volk containing a good balance of lecithin, linoleic acid and Vitamins are filled into soft capsule. Weak persons can take it to enhance stamina.

Open price

60208122

90 capsules <48×1> 3 capsules per day **(1)** 55 **(3)** 95 **(3)** 55

60209253

4,320 yen (tax excluded 4,000 yen

60 capsules <48×1>

2 capsules per day



Mature Black Garlic and Egg Yolk Capsules Black garlic fermented and

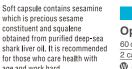
matured from Nagano Shinshu white 6-piece garlic and sperm egg yolk made from Kumamoto are mixed. It helps to maintain daily health.



Open price 90 capsules <48×1> 2 capsules per day **1**00 **1**50 **3**0 age and work hard.









Open price 60 capsules <48×1> capsules per day **∅** 50 90 **0** 50



Natto Kinase

The natto bacterium culture extract with nattokinase activity is made into an easy-to-use soft capsule Please use it for daily health management.



60209191 3,240 yen(tax excluded) 60 capsules <48×1> 3 capsules per day





Onion skin which contains many nutrients such as flavonoids as well as edible part of onions is used. It is best for middle-age health management. Value 60 day supply.



6,264 yen(tax excluded) 144g (600 tablets) <20×1> 10 tablets per day



DHA, EPA, DPA, and rutin are **(1)** 55 **(3)** 90 **(3)** 55 **(**0 60 **(**110 **(**0 60 **(1)** 55 **(3)** 95 **(3)** 55 **(1)** 50 **(3)** 85 **(3)** 50 **№** 65 **(** 130 **(** 65 doesn't like fish to keep health. also included.

Supplements strongly support those who like to drink alcohol. For the health management of drinker.

SQUALENE Deep Sea Shark **Extract**

Squalene 100%

5,184 yen (tax excluded 4,800 yen)

6 capsules per day

Open price

1.5g × 20 sticks <48×1>

130 180 50

№ 60 **(1)** 110 **(0)** 60

180 capsules <48×1>







than 99.6% purity derived from deep sea shark liver oil is used and filled into accessible soft capsules. Value 60 day supply.



Open price 360 capsules <20×1> 6 capsules per day **(**) 70 **(**) 133 **(**) 70



Deep Sea Shark **Extract Capsules**

Only purified squalene more than 99.6% purity derived from deep sea shark liver oil is used and filled into accessible soft capsules. It is recommended for drinkers and those who care daily health management.



Liver Extract with freshwaterclam, ovster. and turmeric, 120 tablets

Use pig liver enzymatic degradation products which provide you nutritional components of liver. In addition, ornithine, freshwater clam. oyster, turmeric etc. are blended As it is a sugar coating type, you don't have to worry about the odor.

Open price 120 tablets <48×1> 2-4 tablets per day **№** 110 **(1)** 170 **(1)** 35



Autumn Turmeric Powder 100%

Autumn turmeric with rich pigment constituent curcumir was powered. Those who like alcohol can use it to keep health, as a cooking ingredient, as you like.



2,160 yen (tax excluded) 150g <48×1> 1-3g per day **130 200 5**5





60209184

4,320 yen (tax excluded)

105g(420 tablets)<24×1>

∅ 63 **(** 120 **(**) 63

14 tablets per day

nutritional components of liver. In Open price addition, ornithine, freshwater 1.5g × 20 sticks <48×1> clam, oyster, turmeric etc. were blended. Can take without water. **130 180 5**0 Cassis orange flavored granule type.

Three Okinawa Turmeric 🧱

Tablets

Daily dose contains total

2500mg of autumn turmeric,

turmeric organically cultivated

in dedicated farm in Okinawa.

spring turmeric and violet





Condense Turmeric Extract

20 Sticks

Each stick contains 70mg of













Open price

8-12 tablets per day

winter is used. It also contains glycogen and zinc. It is 130g(520 tablets)<24×1> recommended for health management of drinkers. **(**) 69 **(**) 132 **(**) 69



Fresh oyster caught in Seto Inland Sea in nutrient rich

8,640 yen(tax excluded) 120 tablets <24×1> 6 tablets per day **∅** 55 **(** 100 **(**) 55





Condensed oyster extract caught in Hiroshima, Seto Inland Sea, zinc, and B Vitamins are mixed. It is recommended for drinkers. Odor free sugar coated type.



120 tablets < 24×1> 4 tablets per day **№** 55 **(** 100 **(** 55)



New Freshwater Clam **Extract Tablets**

4 tablets contain 600mg of condensed freshwater clam extract and iron equal to 40 freshwater clams (6mg). It is recommended for those who care beauty and Iron deficiency. Odor free sugar coated type.



Open price 120 tablets < 24×1> 4 tablets per day **№** 55 **(** 100 **(**) 55



Freshwater Clam Extract Tablets 60g

Freshwater extract which contains glygogen, Vitamins and minerals is used. It is recomplended for drinkers.



60g(240 tablets) < 24×1> 10-20 tablets per day **∅** 50 90 **0** 50



Orunithine with Freshwater Clam

With ornithine as the main ingredient, we have added ingredients that are popular with people who like alcohol, such as freshwater clam(Corbicula) autumn turmeric powder.



Open price 72g(240 tablets) < 48×1> 8 tablets per day **∅** 55 **(** 100 **(**) 55





Selected oyster caught in Seto Inland Sea is used. Sugar coated product which popular turmeric, well-known freshwater clam from old times, garlic, zinc, amino acids are mixed. It is recommended for drinkers.



8,100 yen (tax exclude 7,500 yen 180 tablets < 24×1> 3 tablets per day **№** 60 **(a)** 110 **(b)** 60



These foods support from rich middle age to elder. They are recommended for those who want to be young and powerful.



Citrulline 2000 **Ultimate Power**

A tablet-type supplement containing multiple as HMB-Ca, Krachaidum, zinc, selenium, and chromium, with a focus on citrulline

Citrulline + Arginine

This drink contains 2000mg

each of citrulline and arginine.

It also contains 1000mg of

maca and equivalent to

2000mg of Kurachaidum

Mega Power 4000, 50ml



60204077

① 47 **①** 151 **①** 44

Open price

50ml <50×1>

1 bottle per day

recommended ingredients such Open price 144g(480 tablets) < 40×1> 12 tablets per day **120 187 10** 50



Citrulline Mega **Power 1000** Contains 1000mg of Citrulline

as well as arginine, zinc. selenium, vitamin B₁, and use take



vitamin B₆ in 8 tablets. Easy to



Open price 72g(240 tablets)<24×1> 3 tablets per day **∅** 60 **(** 110 **(** 60





1000mg of Alginine per 4 capsules together with Citrulline, Zinc, Selenium, Vitamin B2 and Vitamin B6.



60204076 Open price

120 capsules <48×1> 4 capsules per day **∅** 60 **\right** 110 **0** 60





In 2 capsules, equivalent to 10000mg of maca and 10mg of zinc are blended, which is good combination for your best performance, and for those who want a little more vitality.



3,564 yen (tax excluded 3,300 yen

60 capsules <24×1>

(1) 75 **(1)** 118 **(1)** 47

2 capsules per day

■ Maca • Kurachaidum







クラチャイダム

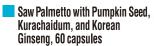


34.5g(100 tablets)<48×1> 5 tablets per day **№**100 **(** 150 **(**) 30

Jelly

10





Like as saw palmetto, pumpkin seed extract and vitamin E are included to support refreshing daily life. We also added Korear ginseng, Kurachaidum, zinc and selenium, which are popular among male users.



Open price 60 capsules <48×1> 2 capsules per day **№** 100 **(1)** 150 **(1)** 30



Maca extract powder with soft-shelled turtle powder and its egg powder, Korean ginseng extract powder, and eleuthero extract powder. For those who wants to continue vigorous life. Value pack for 60 days.



60208212

Open price 90g(360 tablets)<48×1> 6 tablets per day **№** 110 **(a)** 170 **(b)** 30





Maca extract powder with soft-shelled turtle powder and its egg powder, Korean ginseng extract powder, and eleuthero extract powder. For those who wants to continue vigorous life.





Open price 30g(120 tablets) <48×1> 6 tablets per day **№**100 **(1)** 150 **(1)** 30



Foods with Function Claims : Ginkgo extract

イチョウ葉エキス

Ginkgo extract is a Food with Functional Claim which contains Flavonoid glycosid and Terpene Lactone from Ginkgo biloba. This product has fuction to maintain your memory.



30g(120 tablets)<48×1> 4 tablets per day **№**100 **(1)**150 **(1)**30



眼のピント調節機能を

Foods with Function Claims:

Astaxanthin

This product comains astaxanthin

as a functional ingredient. This is

recommended for those who are

concerned about the strain on

their moulders and lower back

accommodation, and eye strain.

caused by eyestrain,

End of sale

Open price

30 capsules <48×1>

№100 **(1)**150 **(1)**20

60204071

Open price

4 tablets per day

120 tablets <48×1>

() 110 **(**) 170 **(**) 30

capsule per day

維持し肩や腰の 負担を軽減させる I

PD Ginkgo Biloba & DHA

DHA and ginkgo biloba are mixed with phosphatidylserine (PS) and γ -aminobutyric acid (GABA). It supports clearness and unawareness you care as you



contain more than 20 Open price flavonoids and Siberian ginseng are mixed. 60 capsules <48×1> 2 capsules per day **№**100 **(1)**150 **(1)**30



Ginkgo Biloba Extract Tablets

Ginkgo biloba which is said to Open price

60g(240 tablets)<24×1> 10 tablets per day **◎** 50 **●** 90 **●** 50





Soft-Shelled Turtle 50

Capsules

Soft-shelled turtle is well

known as excellent nutritional

food. This product contains

Soft-shelled turtle, Japanese

powder and Royal jelly

mamushi (Gloydius blomhoffii)

powder, Soft-shelled turtle egg

Main ingredient odor free garlic extract is mixed with maca and B Vitamins and processed to odor free sugar coated type. It is recommended for those who lack vitality

180 tablets <24×1> 3 tablets per day **№** 60 **(1)** 110 **(0)** 60



3,780 yen (tax excluded)

60214021

Open price

50 capsules <48×1>

3-6 capsules per day

() 50 **(**) 90 **(**) 50



PD Black Bice Vinegar and Garlic

Moromi of black rice vinegar made in Fukyyama, Kagoshima and white 8-piece garlic made in Fukueni. Aomori are used. We pursued best ingredients and finished with accessible soft capsules.

Ume Extract

The salt was removed from the

plum vinegar made from Kishu

plums and boiled for a long time

to make a concentrated extract.

pleasant change of mood or as

ingredients of a secret recipe.

You can also use it for a



Open price

120 capsules <48×1>

110 170 **3** 35

60209105

3,780 yen (tax excluded)

∅ 55 100 **0** 55

90g <24×1>

3 capsules per day

excellent nutritional food. This product contains Soft-shelled blomhoffii) powder, Soft-shelled



Soft-Shelled Turtle Capsules

Soft-shelled turtle is well known as turtle. Japanese mamushi (Glovdius



turtle egg powder and Royal jelly. Value pack for 120 capsules.



Open price 120 capsules <48×1> 3-6 capsules per day

60209106

3,780 yen (tax excluded)

90g (360 tablets) < 24×1>

10-20 tablets per day

∅ 55 **(** 100 **(**) 55







It supports clear life.

It is recommended for those

who watch screen of computer

and TV for long time

and drive frequently.



Contains bilberry-derived anthocyanins that reduce eye strain and lutein that increases macular pigment as functional ingredients. Double functionality with double material.

Vitamin C Tablets

Vitamin C is consumed by

smoking. One-day dose 10

tablets contain 1000mg of

vitamin C. It is recommended

for those who don't eat many

vegetables, care beauty, and

smoke a lot.

Open price 120 capsules <48×1> 4 capsules per day **(**) 55 **(**) 100 **(**) 55

60202001

87g (300 tablets) < 24×1>

(0 60 **(**110 **(**0 60

Open price

10 tablets per day



They supply deficient nutrients conveniently. Basic supplement you had better continueto take.

鉄+葉酸

Delicious Chewable

Supplement Iron

Delicious, juicy and the

easy-to-eat texture. Everyone

from adult to children can

enjoy it. Mixed berry flavor.



Foods with Function Claims :

Lutein plus

Lutein plus is a Food with

Functional Claims which

suitable for people who

contains Lutein. This product is

concern about stimulus caused

by blue light or blurred vision.

Vitamin D tablet with Folic acid and iron



Open price

30 capsules <48×1>

1 capsule per day

In addition to Vitamin D. it also contains folic acid and iron. Recommended for those who 1,296 yen (tax excluded) want to supplement calcium. 120 tablets <48×1> Also, please use it for 2 tablets per day nutritional support during pregnancy and lactation.









easy-to-eat texture. Everyone from adult to children can enjoy it. Grapefruit flavor.



Delicious, juicy and the

Open price





120 tablets <48×1> 4 tablets per day



suitable for those who don't have confidence in stamina and daily health management.





It contains extract of famous

eleutherococcus senticosus which sports athletes in the world love to use as a source of stamina. It is

Open price 100g(400 tablets)<24×1> 8-12 tablets per day **∅** 56 110 **0** 56



For those who are busy with work or study, and those who are easy to forget.





DHA EPA

judgement, reading and writing.

Ume Extract Tablets

Plum extract made from Kishu

plums is made into tablets by

removing salt from the plum

itself is condensed as it is.

vinegar and boiling it for a long

time. The goodness of the plum



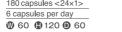
[Food with Functional Claims DHA and DHA and EPA are suitable for people Open price who concern about Nutral fat. Also DHA is good for middle-aged people who care their memory loss, impaired



180 capsules <24×1>



6 capsules per day **(**) 60 **(**) 120 **(**) 60



(1) 110 **(1)** 170 **(1)** 30

Diet

12



Delicious Chewable Supplement Vitamin C

Delicious, juicy and the easy-to-eat texture. Everyone from adult to children can enjoy it. Lemon flavor.



Open price 120 tablets <48×1>

() 110 **(**) 170 **(**) 30



Delicious Chewable Supplement Calcium 60204073

カルシウム+ 乳酸菌

Delicious, juicy and the easy-to-eat texture. Everyone from adult to children can enjoy it. Cafe au lait flavor.



Delicious Chewable Supplement Blueberry & Lutein

Delicious, juicy and the easy-to-eat texture. Everyone from adult to children can enjoy it. Blueberry flavor.





Open price

120 tablets <48×1> 4 tablets per day **№** 110 **(a)** 170 **(b)** 30





Active Protein 100

Amino Body Diet Tablets

Plain protein with spicy soybean flavor contains a good balance of amino acids including 9 essential amino acids. You can use for the cooking.



Open price 360g <24×1>

The "Hybrid protein" is tasty and soluble with coffee flavor. 20g per day **№**160 **(1**263 **(1**0 80



Active Protein HMB

Mixed Whey protein and Soy

protein with HMB.



Sovbean peptides (enzymatic hydrolysis) and soybean protein which contain a good balance of 20 amino acids and vitamins are mixed. It is recommended for those who have unbalanced diet and hard exercise



Open price **№** 60 **1**10 **0** 60



75g (250 tablets) <24×1> 0 tablets per day



MOST Chewable Iron

Two tablets supplement 10mg of iron. Folic acid and vitamin B₁₂, which are deficient vitamins during pregnancy and breast-feeding, vitamin B6 are mixed. Chewable tablets with delicious prune flavor.

Open price 180 tablets <24×1> 2 tablets per day **(**0 80 **(**100 **(**0 80



MOST Chewable Multi-Vitamin & Mineral

It contains a good balance of 12 vitamins and 5 minerals. Chewable tablets with delicious mango flavor.



Open price

150 tablets <48×1>

№ 110 **(a)** 170 **(b)** 30

tablets per day

MOST Chewable Multi-Vitamin

It contains B-complex vitamins vitamin A. vitamin D. vitamin E. and vitamin C. You can supplement deficient nutrients. Chewable tablets with delicious strawberry flavor.



Open price 2 tablets per day



180 tablets < 24×1> **(**) 80 **(**) 100 **(**) 80



Soybean peptides (enzymatic

hydrolysis) and soybean protein which contain a good balance of 20 amino acids are enforced by fat burning amino acids BCAA and 4 vitamins



Open price 90g (300 tablets) < 24×1> 12 tablets per day

№ 60 **(1)** 110 **(0)** 60



Open price

№160 **1**263 **1**80

300g <24×1>

15g per day

For those who don't many vegetables, caredietary nutrients balance, and lack dietary fiber.



Japanese Organic Green Juice

Delicious green juice blended with six kinds of Japanese organic materials for easy drinking. No preservative, no coloring agent, no artifical flavor. Certified JAS organic.



Open price 2g × 30 sticks <24×1>

1 stick per day **№** 125 **(1)** 140 **(0)** 60



MOST Chewable Vitamin C

It is recommended for those who care vegetable deficiency, don't have confident on health management, and care beauty Two tablets contain 500mg of vitamin C. Chewable tablets with delicious acerola flavor.

Open price 180 tablets <24×1> **(**) 80 **(**) 100 **(**) 80



MOST Chewable Calcium

Calcium and vitamin D are mixed for better absorption. It for those who care irritation. vogurt flavor.



Open price

180 tablets <24×1>

100 80 80

Open price

180 tablets < 24×1>

№ 80 **1**00 **0** 80

supplements deficient nutrients conveniently. It is recommended Chewable tablets with delicious



MOST Chewable Zinc

In addition to supplementing 4mg of zinc with 2 tablets, it also contains vitamin B₁, vitamin B2, vitamin B6, and biotin. Chewable type with delicious grape flavor.



Open price 180 tablets < 24×1> **(**) 80 **(**) 100 **(**) 80



Sasa Green Juice 14 Sticks

Leaves of sasa veitchii grown strict environment of Hokkaido are used. Bland and clean finished easy to drink green juice. Even those who are not familiar with taste of green iuice can drink deliciously.

Open price 3g x 14 sticks <24x1> **1**00 **1**141 **1**50



Clean Cultured Chlorella, 1400 Tablets

Uses high quality chlorella that cultivated. It contains plenty of nutrients that tend to be deficient, so it is recommended for daily health management.



has been hygienically and cleanly With JHFA certification mark.



tablet that eliminates waste in the container. We use high quality Open price chlorella that has been 280g(1400 tablets)<12×1> hygienically and cleanly 30-40 tablets per day cultivated. With JHFA **(1)** 83 **(3)** 158 **(3)** 83 certification mark.



Clean Cultured Chlorella Refill, 900 Tablets An eco-type refillable chlorella



Open price 180g(900 tablets)<48×1>

30-40 tablets per day **1**20 **2**11 **2**27



MOST Chewable Blueberry Delicious chewable tablets

contain popular blueberry extract. It is recommended for those who use computer and drive car frequently.



Open price 180 tablets <24×1> 2 tablets per day **(1)** 80 **(3)** 100 **(3)** 80



MOST Chewable Collagen Delicious peach flavor

chewable tablets contain popular beauty ingredients collagen and beauty amino acids (arginine, proline, cystin).



60208143

Open price 180 tablets < 24×1> 2 tablets per day **100 80** 80



Sport supplements support those who keep concentrated training and athletes.



High quality chlorella grown under natural solar sun is used. This dietary supplement contains a good balance of rich protein, vitamins and minerals. It is recommended for daily health management.





12,960 yen (tax excluded) 310g(1550 tablets)<12×1> 30-40 tablets per day **(1)** 85 **(1)** 170 **(1)** 85



self-defense force which human naturally have.

These items boost



Fucoidan

It is a product that is extracted and refined from wakame seaweed mekabu, and is packed in hard capsules so that it is easy to use, with high-quality fucoidan-rich raw materials.





5,400 yen (tax excluded) 5,000 yen 90 capsules <48×1> 3 capsules per day

∅ 55 95 **0** 55

11

14







Water soluble agaricus extracted by hot water is used. Powdered agaricus is also mixed and enforced by sole β-glucan. One-day dose 12 tablets contain about 7000mg of agaricus.



 $\textbf{6,480} \, \text{yen} \big(\begin{smallmatrix} \text{tax excluded} \\ \text{6,000 yen} \end{smallmatrix} \big)$ 108g(432 tablets)<24×1> 12 tablets per day **№** 60 **1**20 **0** 60



Propolis, Soft Capsules

いつでもサッと 気軽に食物繊維補給

Foods with Function Claims:

Dietary Fiber Granules

Isomaltodextrin (dietary fiber)

recommended for those who

want to refresh their stomach.

Granule type that melts

Proplis contains 20 to 30 rich flavonoids as well as amino acids, vitamins and minerals. Each capsule contains 40mg of propolis extract. It is recommended for daily health management and maintenance.



6,480 yen(tax excluded) 120 capsules <24×1> 3-8 capsules per day **№** 55 **1**00 **0** 55





It contains high unit (20%) of Brazilian propolis by original emulsification technology. Proplis contains 20 to 30 flavonoids and recommended for health management and maintenance.





10,800 yen (tax excluded) 10,000 yen 30 ml < 24×1> 0.6-0.9ml per day **∅** 40 **\right 110 🛈** 40







Plant enzymes with kombucha

A total of 85 types of plant materials such as wild grass, vegetables, and fruits are fermented and aged, and kombucha extract, lactic acid bacteria, and activated carbon are also added.



2,160 yen (tax excluded) 90 capsules <48×1> 3 capsules per day **№** 110 **(2)** 170 **(3)** 30



Dietary fiber,

lactic acid bacteria, etc.

These support a smooth

daily life.



Plant enzyme extract fermented and matured from total 85 plants including wild grass and vegetables is mixed with lactobacillus. It is recommended for those who have irregular life habits and irregular dietary habits.

Open price 60 capsules <48×1> 1 capsule per day **100 150 30**



Aloe Arborescens Squeezed Fresh Leaves

We carefully squeezed the



Open price

№160 **(1)** 190 **(1)** 70

200g <24×1>

whole fresh leaves of kidachi aloe(Aloe arborescens), which was carefully cultivated on a farm in Shizuoka prefecture surrounded by nature.



4,104 yen (tax excluded)

500ml <12×1> **∅** 65 **⊕**300 **⊚** 65

Beauty foods

These foods support those who care beauty and women who aspire to get attractive beauty from inside body.





Equol & Fermented ginseng

Not Available outside Japan.

Open price 30 capsules <48×1> 1 capsule per day **№**100 **(1)** 150 **(1)** 20

Open price

160 190 70

120g <24×1>





Proteoglycan Collagen & Placenta

Low molecular hyaluronic

acid + 30 times

richer collagen

Capsules of 120mg of low

molecular weight Hvaluronic

acid, Placenta and 30 times

richer collagen. You can take

just one capsule per day.

beauty support ingredient from

Placenta also contains proteoglycan and dense collagen, which is recommended for those who want to live a bouncy life. An unscented type that does not interfere with the deliciousness



2,700 yen (tax excluded 2,500 yen 180g <24×1> 6g per day **180 190 10 70**



Low Molecular Hyaluronic Acidand Collagen, Bag Type 180 g

Collagen for strong skin and moisture-preserving constituents glucosamine and ceramide, are mixed. Peculiar taste is removed increased collagen weight compared to conventional product, and renewed into scent-free product.



60208197

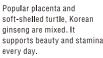
Open price 180g <24×1> 6g per day



№ 180 **(1)** 190 **(1)** 70









Open price



18.9g(60 tablets)<48×1> **№**100 **(1)**150 **(1)**30



Rich Collagen, Placenta

Collagen & Placenta powder, In

4g, the amount of component is

equivalent to 60000mg of

Placenta. Non-flavor soluble

powder with your favorite

beverage.

collagen and 1500mg of

Strong and Radiant Skin, Soft-Shelled Turtle Collagen

Hizen Japanese soft-shelled turtle is used. Soft-shelled turtle is the ingredient which contains amino acids and collagen. It is recommended for those who supplement daily vitality and beauty.

Open price 60 capsules <48×1> 2 capsules per day **1**00 **1**150 **1**30



Condense Lactic Acid **Bacterium Granules** (with Lactoferrin)

sporogenes as the lactic acid bacteria and bifidobacterium that effect good for human gut, are mixed.



Reached alive, Lactobacillus Open price 1.0g x 16 sticks <48×1> I stick per day **(**130 **(**180 **(**) 50



Open price

30 capsules <48×1>

№100 **(1)**150 **(1)**20

1 capsule per day

Foods with Function Claims: Sound Sleep Supplement



Foods with Functional Claims. Contain theanine as functional substance. Recommended for those who are concerned about fatigue when waking up in the

Open price 1.5g × 14 sticks <48×1> 1 stick per day **130 180 5**0





One day dose 3 tablets contain 3000mg of fresh royal jelly. It was processed by freeze-dry (FD) which keeps freshness and prevent heat change.



Open price



90 capsules <48×1> 3 capsules per day **(**) 57 **(**) 100 **(**) 57



Coenzyme Q10

This health food ingredient has an enormous popularity and makes a big market. One day dose supplement 90mg of coenzyme Q10. Vitamin E and vitamin C are also added.



(1) 55 **(3)** 95 **(3)** 55



5,184 yen (tax excluded) 90 capsules <48×1> 3 capsules per day

13

Jelly

Diet

16

Diet support foods

.....

We support weight loss according to various eating habits.







Contains white beans and mulberry leaves, with a focus on Gymnema. Recommended for those who like sweets and carbohydrates.

ornithine and arginine) are

blended with various nutritial





Open price 45g(150 tablets)<48×1> 5 tablets per day









Night Diet Tea, 20 Tea Bags

We support the beauty of

women. This is a non-caffeine

healthy tea based on rooibos.

beauty materials are newly **1,620** yen (tax excluded) formulated. Non caffeine diet tea based on rooibos. 2g x 16 teabags <40×1> **1**40 **2**22 **5**0 50

Night Diet Tea Beauty, 16 Tea Bags

As a series of Night Diet Tea.

Open price 2g × 20 teabags <40×1> **1**40 **2**22 **5** 50

20 sticks Amino acids (glycine, lysine,

Open price materials. Grapefruit flavored,

3g × 20 sticks <48×1> **(**180 **(**190 **(**) 70

End of sale

End of sale

Black Oolong Eucommia Tea

An easy-to-drink blend of

oolong tea, eucommia tea, and

black tea (pu'er tea), which are popular with people who are

concerned about beauty and

Japanese Houttuynia Tea

60503096

1.5g x 26 teabags < 40x1>

№ 120 **(1)** 180 **(0)** 50

60102028

5g x 30 teabags <40x1>

№140 **⊕**205 **0** 55

Open price

Open price

100% made by Japanese

houttuynia. Tea bag. Safe and

recommended at the relaxation

time just before going to bed.

secure Japanese production. Caffeine-free. It's



Guava, gympema sylvestre, mulberry leaves and yacon are blended. It is easy to drink



2,160 yen (tax excluded) $3g \times 30$ teabags < 24×1 > **125 180 5** 55



Organic Rooibos Tea

Top grade rooibos leaves

It is safe and secure, and

organically cultivated are used.

certified organic food by JAS.

Meta Shot Tea

A non-caffeine blended tea that

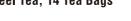
collects 10 types of ingredients

recommended for those who

are aware of their health.

Onion Peel Tea, 14 Tea Bags

Using only Japanese grown onion. Useful for maintaining the health of those who concerned disturbance of lifestyle habit as well as biased dietary habit.



Open price 1g × 14 teabags <40×1> **1**30 **2**20 **3**0

60503091



100% Yacon Tea

Healthy tea 100% of yacon is

used. It is recommended for

and who are on the diet.

those who care lack of exercise

Rubus Tea

between seasons.

100% made by rubus tea of

rose family. Healthytea for

those who care gloomy period

JAS

2,160 yen (tax excluded)

 $3g \times 30$ teabags $< 20 \times 1 >$

112 178 10 60

60102029

5g x 30 teabags <40x1>

140 **2**05 **5**5

Open price



Sword bean is named for its a sword. Its seeds have been used for health maintenance



from old times.



60503093

2g × 20 teabags < 40 × 1>

№ 120 **(1)** 177 **(1)** 50

60503069

2,700 yen (tax excluded 2,500 yen)

Open price





It takes longer oxidation time and stronger roast than normal oolong tea. It is recommended for drinking with oily meal and healthy tea.

60102031

Open price 5g×26teabags×2packs<24×1> **№** 175 **(** 290 **(** 50

Healthy teas

A healthy tea that you can use deliciously every day.





Japanese Burdock Tea

Tea made of 100% Japanese

burdock. Safely produced in

Japan. Caffein-free tea bag,

good for your relaxing time

before sleep.



Open price



100% made by Japanese 60503099 mulberry leaves. Tea bag. Safe and secure Japanese production. Caffeine-free. It's $1.3g \times 26 \text{ teabags} < 40 \times 1 >$ recommended at the relaxation **120 180 5**0 time just before going to bed.

60503095

Open price 2g x 26 teabags <40x1> **120 180 5**0



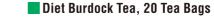
Japanese Adlay Tea

100% made by Japanese adlay. Tea bag. Safe and secure Japanese production Caffeine-free. It's recommended at the relaxation time just before going to bed.

60503097 Open price 5g x 26 teabags <40x1>

120 180 50





Unpeeled burdock is used to make spicy and flavorful burdock tea. Please drink as caffeine free healthy tea to keep health.

60102033

Open price $2g \times 20$ teabags <40×1> **1**40 **2**22 **5**0 50



■ 100% Japanese Black Soybean Tea, 30 Tea Bags

Black soybean grown in Hokkaido is used 100%, roasted carefully and finished with spicy taste. You can drink as a flavorful tea of grift black

60503087

Open price 6g x 30 teabags <24x1> ♠ 175 ♠ 230 ♠ 33





■ Black Oolong Tea, 52 Tea Bags

15

Nutrition support foods



Rooibos Tea Blend, 60 Tea Bags

Rooibos tea is blended with oolong tea and senna tea. This healthy tea is popular to



Open price 3g×20teabags×3packs<24×1> **(**) 175 **(**) 330 **(**) 55

Open price

() 175 **(**) 310 **(**) 50



Fat Burning Tea Value Pack, 60 Tea Bags

Carefully blended Pu'er tea, oolong tea, hub tea, etc. Finished with a rich taste.



Open price 3g×20teabags×3packs<24×1> **175 330 5** 55



Guava Tea, Value Pack, 60 Tea Bags

100% dried guava leaves are manufactured with far-infrared roaster. For daily health



Open price 2g×20teabags×3packs<24×1> **175 1290 150**



Pu-erh Tea, Value Pack, 60 Tea Bags

Selected 100% Pu-erh tea is used, roasted slowly and carefully, and finished with delicious and bland taste.



Turmeric Tea, Value Pack, 60 Tea Bags

Selected turmeric rich in 60501046 curcumin is used. Peculiar bitter taste is softened. 3g×20teabags×3packs<24×1>

60503053

Open price 1.5g x 20 teabags x 3packs < 24x1> **175 290 5**0



Heartleaf Tea, Value Pack, 60 Tea Bags

For beauty and health, heartleaf softened.

60503040

Open price 3g×20teabags×3packs<24×1> **№** 175 **(3**305 **(6)** 55



100% NL Tea, Acer Maximowiczianum Tea

It is made from 100% Acer maximowiczianum. It is also called 'rich's tree' and 'seerer's tree'. Please drink daily as healthy tea.

60508020 Open price 1g × 26 teabags <40×1>

120 180 50



■ 100% NL/Tea, Heartleaf Tea

100% heartleaf is made easy to drink. Please drink daily for health management.

60508003 Open price 2.5g × 26 teabags < 40×1>

120 180 50



100% NL Tea, Gymnema Sylvestre Tea

Gymnema sylvestre tea is carefully roasted and made easy to drink. Please drink as healthy tea.

60508001

Open price 2.5g × 26 teabags < 40 × 1> **120 180 50**



■ 100% NL Tea. Eucommia Tea

tea is suppressed and it has a rich taste. Non-caffeine that is kind to the body.

60508002

Open price $3g \times 26$ teabags <40×1> **(**) 120 **(**) 180 **(**) 50



Rooibos is popular healthy tea in South Africa from old time. Please use for daily health maintenance.

100% NL Tea, Rooibos Tea



Open price $1.5g \times 26$ teabags $<40 \times 1>$ **120** 180 **5**0



■ 100% NL Tea, Mulberry Leaf Tea

It contains minerals and flavonoids which tend to lack and useful to keep health. Healthy tea you can drink every



120 180 50



100% NL/Tea, Guava Tea

It is made from 100% selected and roasted Guava leaves. Please trink for daily health

60508015

Open price $2g \times 26$ teabags $<40 \times 1>$ **120 180 5**0



■ 100% NL Tea, Ginkgo Biloba Tea

Ginkgo biloba has been used as a healthy food in Europe and America. Please drink as healthy tea to manage health of family members.

60508011

Open price 2g x 26 teabags <40x1> **№** 120 **(1)** 180 **(1)** 50

Natural foods

We offer selected natural foods such as honey and vinegar.





Ryukyu Black Koji Moromi Vinegar

Black koji moromi vinegar of Awamori which fermented in pots in Okinawa manufacturer is used. Healthy drink is finished with delicious and flavorful added black sugar.

60601040 2,700 yen (tax excluded 2,500 yen) 900ml <6×1> 60ml per day

(1) 82 **(3)** 300 **(3)** 82



Mature Black Unpolished Rice Vinegar

Flavor of black unpolished rice vinegar is increased by original technique and managing mature and ferment steps. It is certified safe and trusted food by JAS.



20ml per day **(**) 83 **(**) 300 **(**) 83



60601038 Open price 720ml <12×1> and secret Jinqu.





Pure Black Unpolished Rice Vinegar

You can enjoy unique rich and natural flavor of unpolished vinegar. This item is made from selected unpolished rice, water

60601031 Open price

720ml <12×1> 20ml per day **№** 83 **(** 300 **(** 83



Vermont Apple Vinegar

Delicious condensed apple vinegar is made from pure apple vinegar and added honey flavor.

60601023 4,320 yen (tax excluded) 1800ml <6×1>



50ml per day **(1)** 85 **(3)** 300 **(0)** 85